

Notice

Subject: - Observance of International Day of Yoga 2026 on 21st June 2026.

In pursuance to the Public Notice issued by National Medical Commission, New Delhi on 18-06-2026 with regard to **Observance of International Day of Yoga 2026**, it is hereby notified for the information of all the faculty members and students of Govt. Medical College, Srinagar to actively participate in the said event, which will commence at 06.00 a.m on 21-06-2026 in the premises of college campus of Govt. Medical College, Srinagar.

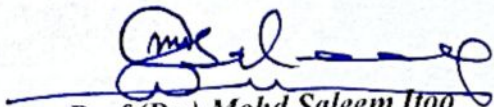
S/d:-
Principal/Dean,
Govt. Medical College, Sgr

No: - ~~2490~~ / 2490 - 2520 / MG

Dated: 20/06/2026

Copy to the: -

1. Head of departments, Govt. Medical College, Srinagar for information and necessary action.
2. Administrator, GMC and Associated Hospitals Srinagar for information.
3. Chief Warden, GMC, Srinagar information and necessary action
4. Warden Girls/Boys Hostel, GMC, Srinagar for information and necessary action.
5. Warden Resident doctors Hostel, GMC, Srinagar for information.
6. All Medical Superintendents Associated Hospitals for information and necessary action.
7. Vice-Principal College of Nursing for information and necessary action.
8. Pvt. Secretary to PMC/Dean, GMC, Srinagar for information.
9. Manager Boys/Girls hostel for information with the direction to display the notice on their respective notice boards.
10. I/c I. T Section Govt. Medical College, Srinagar for information with the direction to upload the notice on the official website of the College.
11. Office file for record and reference.


Prof. (Dr.) Mohd Saleem Itoo
Dy. Registrar (Academics)
Govt. Medical College, Srinagar

20/06/2026



CDN-2001 1/273/2026-COORDINATION-NMC

Government of India
National Medical Commission
(Policy & Coordination Division)



Pocket - 14, Sector - 8,
Dwarka Phase - 1, New Delhi - 110 077.
18-06-2026

PUBLIC NOTICE

Subject : **Observance of International Day of Yoga 2026 on 21st June, 2026.**

The International Day of Yoga (IDY) has evolved into a globally recognised celebration of India's timeless wisdom and its contribution towards holistic health and well-being. Ministry of Ayush is coordinating the observance of the 12th International Day of Yoga (IDY) on 21st June 2026.

2. The theme for IDY 2026 is "**Yoga for Healthy Ageing**", reflecting the growing relevance of Yoga in supporting healthy longevity, active lifestyles and improved quality of life across all age groups.

3. The main national event will be led by Hon'ble Prime Minister from **Kolkata, West Bengal**, on 21st June, 2026. In addition, Yoga programmes are proposed to be organised throughout the country with active participation from Ministries, Departments, State Governments, educational institutions, public sector organisation and civil society.

4. In view of above, all Medical Colleges / Institutions are hereby requested to actively participate in the observance of IDY 2026 and to organize suitable Yoga-related activities, Common Yoga Protocol sessions and encourage maximum participation of all stakeholders.

5. In case of any query / clarification, Dr. Pradyumna Singh Shekhawat, Dy Advisor (Yoga), Nodal Officer may be contacted at Mobile No.9828672211 and email Id psingh.yoga@gov.in.

6. It is enjoined upon all Medical Colleges/Institutions under the purview of NMC to make IDY 2026 a grand success and a people's movement promoting health and wellness.

Dr. Raghav Langer
SECRETARY
r.langer@ias.nic.in

To,

Dean/Principal of all the Medical Colleges/Institutions

Digitally signed by
Dr.Raghav Langer
Date: 18-06-2026
19:40:33